



241-247 Old Chester Road
Birkenhead
Wirral CH42 3TD
Tel: 0151 645 2306
Fax: 0151 643 1734
Email: m.salahuddin2@nhs.net
Web: www.gladstonemed.co.uk

Editorial Team

Mr. Zubair Qureshi
Ms. Debbie Portbury
Dr. M. Salahuddin

September
2011

Welcome

The staff and the doctors at Gladstone Medical Centre welcome you to our newsletter 2011. We continue to achieve high standards of clinical quality achieving this year over 95% of Quality and Outcome targets set by the Department of Health on clinical and organizational indicators.

As previously we continue to add new services to our existing range of services provided to the patients. In the past 12 months we have provided:

Two pharmacists : to review and discuss with patients their medications and any side effects. Practice Counsellors have seen **207** patients here in the last 12 months to offer support and help when they need it.

The Elderly Clinic has 49 new cases

Weight Management Clinic has seen 80

Smoking Cessation has helped a total of 101 (in last 12 months)

We have continued to educate and support medical students during their training years from Liverpool university. In the past 12 month **24** medical students have attended training sessions at our Practice. We have also continued to provide support and advise school leavers in their early years of decision making for a profession. In the past 12 months **6** school students gained some understanding and insight of the health service by their attachments.

We are proud for our nomination for 3 prestigious National Awards in 2011

- 1) Clinical Care Long Term Condition—Mental Health
- 2) GP of the Year– Dr M Salahuddin
- 3) The Innovator of the Year- Mr. Zubair Qureshi

Condolence

The staff and patients join to pass their sincerest condolence to Dr. M. Salahuddin and Dr. K. Alauddin on the sad and sudden death of their sister.

The patients have shown exemplary understanding during this difficult period when the appointment slots were diminished and the surgery had to employ locums.

Dr M.Salahuddin and Dr.Alauddin are thankful to all the staff and patients for their kind sympathy and understanding.

Measles Outbreak

MMR vaccine protects your child against measles, mumps and rebecca. It is given to children at 13 months and again before they go to school.

Please make sure that anyone under 24 years and over 3 years and 4 months has been vaccinated with 2nd MMRs and any child over 1 year and under 3 years 4 months has had 1st MMRS.



Online Services

We would like to update our readers of our online services. You are already utilizing online appointment facility to book your appointments.

Now you can Order your repeat prescriptions and view past prescription orders as well as updating your records such as change of telephone number or address. Please note that this service is free and is available to all patients. You need to contact Mr. Z Qureshi our IT/ Data Manager for further details and login password at 0151 6452306



Contents

Welcome	1
Condolence	1
Surgery News	2
Race For Life	2
Other News	2

Our Staff

DOCTORS

Dr. M. Salahuddin (Male)
Dr. K. Alauddin (Female)
Dr. J. McKay (Male)
Dr. A. Adegoke (Male)
Dr. S. S. Garewal (Male)
Dr. Veronika Jiraskova
(Jr Doctor)

PRACTICE STAFF

Practice Manager

Debbie Portbury

Practice Admin

Helen Davies

Dhun Setna

IT/ Data Manager

Zubair Qureshi

Receptionists

Joanne Griffiths (Manager)

Jane Lydiate (Snr. Rec)

Jenny Mills

Leanne Henry

Sally-Ann Boland

Kim Stewart

Cathy Pennington

Gaynor Houghton

Secretary

Sue Steen

Nurse Co-ordinator

Sue Passingham

Practice Nurses

Wendy Cox

Louise Rendall

Gladstone

Caring,
Approachable,
Efficient
and Friendly

Medical Centre

Surgery News

Margaret Altham one of our receptionists has retired after 7 years of service at Gladstone Medical Centre. Previously she was at Victoria Park Medical Centre.

Mr Mohammad Z Paracha Final year student at Newcastle Medical College is here for his Elective period. His work at Gladstone Medical Centre has been selected for presentation at European Respiratory Society Meeting 2011 in Amsterdam.

Quality at Gladstone Medical Centre - Like previous years, this year we have achieved over 95% of Quality and Outcome targets on clinical and organisational indicators.

Patient Information Leaflets - We are regularly updating and improving information leaflets which can be downloaded from our website or could be obtained from the surgery.

Flu Vaccination Programme 2011-12. We have started our flu vaccination programme for this year. Please contact the surgery to arrange an appointment. For further details please check our website at <http://www.gladstonemed.co.uk>

GP Appointment Timetable

Days	Mornings	Afternoons	Evenings
Monday	9:00- 11:30	4:00 – 6:30	6:30 – 8:00
Tuesday	9:00- 11:30	4:00 – 6:30	6:30 – 8:00
Wednesday	9:00- 11:30	4:00 – 6:30	6:30 – 8:00
Thursday	9:00- 11:30	4:00 – 6:30	6:30 – 8:00
Friday	9:00- 11:30	4:00 – 6:30	Closed

Centre Timetable

Reception

Monday - Friday 08:30 - 13:00
14:00 - 18:00

Surgery

Monday - Friday 09:00 - 11:00
16:00 - 18:00

Late Opening

Monday - Thursday 18:00 - 20:00

Contact us

We welcome any comments and feedback from our patients.

Please contact either

Debbie Portbury - Practice Manager (0151) 645 2306 / 645 3738

Helen Davies - Practice Administrator

Please visit our website at www.gladstonemed.co.uk for information about the practice, services and how to contact us.

Race for Life

Staff at Gladstone Medical Centre took



part in the Race for Life in Birkenhead on Sunday 10th July 2011.

Jane, Jenny, Leanne, Gaynor and Helen raised £53.50. Thank you to patients who sponsored us.



Over 70 years at Gladstone Medical Centre

We are proud to have following people with us for over 70 years.

Mr. Derek Arnold.
Ms. Audrey Duffy ; and
Mrs. Mary McCann.

Other News Well women Clinic

Gladstone Medical Centres' nurses were **2nd best** on the Wirral for smear taking in the last Quarter. So don't be nervous ladies about having a smear test, you are in experienced hands!

Late Evening Surgery

We have been running late evening surgery now for over 2 years.

Every Monday– Thursday evening = 6:30—8 pm.

If you cannot come to the surgery during normal opening hours and require a late appointment please ask the receptionist.

Weight Management

Our weight management counselling/ advice service run by the Practice Nurse is showing encouraging results and is on target of government driven **Weight Management program**. If you are interested please contact with the practice Nurse/practice manager.

Life Style Counselling

Our Smoking Cessation clinics run by a trained nurse has helped many patients to quit smoking. If you are a smoker and would like to find out the help and advice available then please contact the surgery.

Our Website

www.gladstonemed.co.uk

Request your prescriptions, book your appointments and submit your comments and suggestions online.