

Clinics

Clinic	Day	Time	Staff
Immunisation	Monday	10:30– 12:00	Nurse Sue
Baby clinic & Post-natal	Monday	10:30—12:00	Dr. Alauddin/ Health Visitor
Hypertension	Tuesday	9:00—12:00	Nurse Mavis
Asthma	Tuesday	9:15—12:15	Nurse Julie
Well Woman	Tuesday	16:30—18:30	Dr. Alauddin
Minor Surg	First Wed of every month	9:30—11:30	Dr. Alauddin/ Nurse Mavis
Phlebotomy	Wednesday	9:00—12:30	Phlebotomy staff
Diabetic	Wednesday	10:30—12:00	Nurse Sue
Chiropody	Thursday/ Friday	9:00—12:00/ 4:00—6:00	Mark Elliot
Ante-Natal & Parent Craft	Thursday	14:00– 16:00	Dr Alauddin/ midwife
Weight Reducing	Thursday	10:30—11:30	Nurse Sue
Stop Smoking	Thursday	11:30– 12:00	Nurse Sue
Counsellor	Friday/ Sat	9:00— 12:00	Nicola/ Carol
Cardiac Clinic	Thursday	1:30—3:00	Nurse Sue

Gladstone

**Caring-
Approachable —Efficient and
Friendly**

Medical Centre

SEEING THE DOCTOR

AT THE SURGERY By appointment only . *EMERGENCIES AND CHILDREN UNDER 5 ARE SEEN WITHOUT DELAY.*

AT HOME –House Calls This is *only for very ill or infirm patients* who are unable to come to the surgery. Please ring before 10. am

OUT OF HOURS SERVICE Wirral now has G.P. Out Of Hours (GPOOH) service based at Arrow Park Hospital Telephone the surgery number and you will be connected to GPOOH service (0151 678 8496). *This service is for Emergencies only.*

TELEPHONING THE DOCTOR If you need to speak to the doctor on the phone please ring between 11.00 am and 12.00 noon. If doctor is busy, leave your number and they will ring you back.

REPEAT PRESCRIPTIONS Patients on “regular medication” may obtain prescriptions authorised by the doctors. Please give 24 hours notice when a repeat prescription is required. The in house chemist (and many others) has a delivery and registration system in place

INVESTIGATION RESULTS & HOSPITAL LETTERS For reasons of confidentiality, results cannot be given over the phone. Please leave a message for the staff to ring you back or make an appointment with your Doctor.

MATERNITY SERVICES Full antenatal care and post-natal care including home visits by doctors is available.

FAMILY PLANNING Comprehensive contraception service is available within normal surgery times. Coil insertion, pill injections, diaphragms, oral contraceptives and emergency contraception (morning after pill) are available from the doctor. Please ring for an appointment.

BABY CLINIC – PAEDIATRIC SURVEILLANCE Baby Clinic is jointly with Health Visitor on Monday Morning for routine and developmental check-ups
Monday 10.30 am – 12.00 noon

MINOR SURGERY This service deals with surgical removal of lumps, etc under local anaesthesia, thus saving a visit to the Hospital.

GLADSTONE MEDICAL CENTRE

241-243 OLD CHESTER ROAD
ROCK FERRY,
WIRRAL CH42 3TD

TEL: 0151 645/ 2306/3738

FAX: 0151 643 1734

EMAIL: MOHAMMAD.SALAHUDDIN@GP-N85031.NHS.UK

WEB: WWW.GLADSTONEMED.CO.UK



**Dr. M. Salahuddin
Dr. K. Alauddin
Dr. A. Adegoke
Dr. J. McKay**

NHS

Beacon Services



INVESTOR IN PEOPLE

PRACTICE MEMBERS

DOCTORS

Dr. M. Salahuddin (Male) MBBS—1972.
MSC (Genetics) Edinburgh 1981, Family Planning Certificate
1984, Postgraduate training in Cardiology 1992,
DPD (Dermatology) 1991, Certificate in Occupational Medicine
– Manchester 1984,
Research post in Arthritis, Clinical Assistant in Cardiology

Specialty – Cardiology, Rheumatology, and Dermatology

Dr. K. Alauddin (Female) MBBS-1967 ,
DGO 1977 – Dublin, Family Planning Certificate 1994,
Specialty - Pediatrics, Obstetrics and Gynecology, Minor
Surgery and Psychiatry.

Dr. A. Adegoke (Male). , MBBS—1988 , DGM, MRCGP
Post graduate training in General Practice, Nigeria 1991-1995,
Diploma in Geriatric Medicine, University Hospital, Cardiff,
1998
Specialty - Respiratory Diseases, Diabetes and Geriatric Medi-
cine.

Dr. J. McKay (male)MB CHB (Liverpool) 1966
Specialty General Practice since 1969,
Mental Health

Dr. S.S.Garewal (Male) BSC, MBBS, MRCPE, FRCPE
Consultant Geriatrician (retired)

The Practice received following awards.

Merit Award for Practice Teambuilding (1997)
Clinical Excellence in Cardiology (1997)
Clinical Excellence in gastric diseases (1998)
Beacon Practice - Effective Prescribing (1999)
Finalist Cactus Practice Award, UK (2000)
Beacon Practice - Effective Prescribing (2001)
Investors In People award (2002)

PRACTICE STAFF

Practice Manager **Debbie Portbury**
Computer Officer **Zubair Qureshi**
Senior Receptionist **Joanne Griffiths**
Receptionist **Jenny Mills, Jane Lydiate,
Tracey Davies, Rachael Lowe,
Denise Breheny, Ann Mathews,
Nina Tresch-Lawrence**
Secretary **Sue Steen**
Nurses **Mrs. S. Passingham SR(Coordinator)
Mrs. M. Garewal SRN, RSCN
Mrs. J. Sowery RGN**

ATTACHED STAFF

District Nurses **Doreen Shaw and John Cross**
Health Visitor **Margaret O'Donnell**
Weekly Baby Clinic on Monday Morn-
ing,, Domiciliary Visits
Midwife **Gemma Jones and Team**
Weekly antenatal clinics, 2-4 pm
Pharmacist **Sheila Greenhalgh**

SURGERY TIMES

Reception Open from
Monday – Friday **8.30 am – 12.00 noon
2.30 pm - 6.30 pm**
Saturday **8.30 am - 12.00 noon**
Surgeries
Monday – Friday **9.00 am - 11.30 am
4.00 pm - 6.00 pm**

SUNDAYS AND BANK HOLIDAYS -Closed

Gladstone Medical Centre

This is one of the oldest Practices in Rock Ferry. It has passed through several generations of patients and Doctors since 1930.

The premises were altered and modernized in 1982. In 1995 the practice was again expanded to include a new extension and the addition of the adjoining building. The existing premises also underwent a major refurbishment in 1999.

The Practice welcomed Dr.Farooqi patients from Argyll Health Centre in March 2001 and Dr. McKay's patients in April 2003

The surgery includes:

Basement- Gym and shower room for Patient and staff use.

Ground Floor

Six consulting rooms, two waiting areas, two treatment rooms, a minor surgery room, reception area, reception office and disabled toilet.

Chemist There is a chemist on the premises.

First Floor Computer room, Manager's office, Administration Office, Staff Room, Training room/ meeting room and Staff toilet.

Access for Disabled There is a ramp at the front to enable wheelchairs easy access

We retain from the past the best traditions of family medical practice together with a friendly atmosphere. We aim to provide upto date medical care in a traditional manner, with accents on continuity of care, and preventative medicine for patients with chronic illness. We hope you continue to find us

CARING - APPROACHABLE- EFFICIENT AND FRIENDLY