

## GLADSTONE MEDICAL CENTRE

Dr M Salahuddin

Dr K Alauddin



241-243 Old Chester Road  
Birkenhead  
Tranmere  
Cheshire CH42 3TD

Tel: 0151 645 2306  
Fax: 0151 643 1734

email: m\_salahuddin@talk21.com  
web: www.gladstonemed.com

**Editorial Board**  
**Dr. M. Salahuddin**  
**Mr. Zubair Qureshi**  
**Mrs. Debbie Portbury**

Volume I, Issue I  
December 2001

## Gladstone Medical Centre Newsletter

We are pleased to announce the start of our new quarterly newsletter. The Purpose is to provide our patients with information about our practice, services and staff.. And to keep you informed about new developments at Gladstone Medical Centre. Our aim is to improve our services by utilising latest developments in medical information technology under the NHS guidelines. *The editorial team would appreciate your suggestions and advise. Please do not hesitate if you would like us to publish any news/story.*

### An Introduction to the Practice

This is one of the oldest practices in Rock Ferry. It has passed through several generations of patients and Doctors since 1930.

The premises were altered and modernised in 1982-84. In 1995, the practice was again expended to include a new extension and the addition of the adjoining building. The premises underwent a major refurbishment in 1999 to include an onsite pharmacy and was kindly inaugurated by Mr Frank field MP for Birkenhead.

We retain from the past the best traditions of family medical practice together with homely atmosphere. We aim to provide up to date medicine in a traditional manner, with accents on preventative care, family medicine and continuing care for patients with chronic illness.

Gladstone Medical Centre received the following prestigious awards:-

- Merit Award for Practice 1997 Teambuilding;
- Clinical Excellence 1997 (Cardiology);
- Clinical Excellence 1998 (Gastric Diseases);
- Beacon Practice 1999 (Effective Prescribing);
- Beacon Practice 2000 (Effective Prescribing);
- Beacon Practice 2001 (Effective Prescribing).

### New Services in 2001

The following new services were introduced in 2001.

- An Elderly Clinic run by Dr S. S. Garewal (ex Arrow Park Hospital Consultant).
- A Smoking Cessation clinic run by nurse Sue Passingham.
- A CHD clinic run by nurse Sue. Passingham.

For further information please contact the reception or see one of the doctors.

### New Staff

This year we appointed a number of new staff.

Mr. Zubair. Qureshi as our new IT/ Computer Officer.

Ms. Lorraine Jones as assistant Practice Manager.

Mrs. Sue Steen as Secretary

Tracy Davies, Racheal Lowe, and Hazel Thompson as receptionist.

We welcome them to our surgery and wish them well for the new year.

Inside this issue:

Introduction to the prac-	1
Surgery news	2
News Flash	2
Surgery Times	2

### STAFF AT GLADSTONE MEDICAL CENTRE

#### DOCTORS

M.Salahuddin (Male)  
K. Alauddin (Female)  
A.Adegoke (Male)

#### Practice Staff

##### Manager:

Debbie Portbury

##### Ass. Manager:

Lorraine. Jones

##### Computer /IT Officer

Zubair Qureshi

##### Receptionists:

Joanne Tollerton. (Senior):

Jenny Mills,

Jane Lydiatt,

Racheal Lowe,

Tracy Davies,

Hazel Thompson.

##### Secretary:

Sue Steen

##### Nurse Co-ordinator:

Sue Passingham;

##### Practice Nurse

Mavis Garewal,

Bernie Davies,

Sue Camphor.

**Gladstone**

**Caring-  
Approachable –  
Efficient and  
Friendly**

**Medical Centre**

## Surgery news

In April 2001, Dr Abel Adegoke became a full-time doctor in the practice. He had already been working for a year as a sessional doctor at Gladstone Medical Centre.

In April 2001 we welcomed Dr Farooqi's practice from Argyle Medical Centre.

We were very happy to welcome the staff and patients of Argyle Medical Centre who amalgamated in our practice amicably.

Dr Farooqi had to retire due to ill health on 30th June 2001.

### ACHIEVEMENTS:

At the practice we are pleased to have received an extension to our coveted national award—*Primary Care Beacon Practice award* for a fourth year. Initially, we received this award in 1999-00, 2000-01.

## Surgery Times

### Reception Open from

**Monday To Friday 830 am—1200  
2.30 pm—1800**

**Saturday 830 am—1200**

### Surgeries

**Monday To Friday 9000—11.30  
1600—1800**

**Saturday (Emergencies only)  
1000—1100**

### *Patient Participation Group*

The surgery would like to set up a *patient participation group*. If you are interested in joining or contributing, please leave your name with a member of staff so that we can send you an information pack—Thanks.

## Clinics

Immunisation	Monday
Baby Clinic & Post-Natal	Monday
Minor Surgery	1st Monday of Month
Phlebotomy	Monday
CHD	Thursday
Asthma	Tuesday
Well Women	Friday
Diabetic	Wednesday
Chiropody	Thursday
Ante-Natal	Thursday
Elderly	Tuesday
Stop Smoking	Thursday
Counsellor	Tue / Sat

For further details about the clinics please contact member of staff.

## News Flash

On 31 Oct Joanne gave birth to a baby girl. The Staff and doctors at Gladstone Medical Centre would like to congratulate Joanne and her baby and wish all the best to mum and baby.

Lorraine Jones, recently got engaged, we would like to congratulate her.

## Our Appointments System

There are only so many appointments for each doctor and we try to make sure that we always have time available to see genuine emergencies who need to be seen that day.

If you are really unwell and have to be seen you will be asked to come down at the end of the surgery to be seen by a doctor. Please do not use the urgent appointment for sick notes or something that could wait. (it is not fair for genuinely sick patients.).

## Give a thought to Your GP

To help your doctor help you, please keep your appointment and please arrive on time. If for some reason, you need to change or cancel your appointment, please telephone at the reception as early as possible – Thanks.

# Happy Christmas

# And a Very Happy New Year