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Gladstone Medical Centre Newsletter

Please find the 3rd issue of Gladstone Medical Centre Newsletter. We are very encouraged by the response we received from our professional colleagues and patients. Please continue sending your comments and suggestions..

Quality Agenda at Gladstone Medical Centre in Birkenhead

The practice celebrated achieving the "Investors in People" award at a special evening opened by MP Mr. Frank Field and the Mayor of Wirral on Friday 10th January 2003.

The occasion was attended by 60 guests (doctors, health authority staff and other members).

Dr. M Salahuddin thanked Mr Frank Field, MP, for his continuous support and advice to the practice and presented him with an engraved plaque of Gladstone Medical Centre Building.

Speaking on the occasion Mr. Frank Field, applauded the practice on its continuous achievement and high quality services over past decade. He said that success in the Investors in People award has confirmed this practice's commitment to staff training, staff morale and retention and providing a high quality service for the patients. He appreciated the engraved plaque and the efforts made to save the Gladstone Medical Centre building from demolition.

Lady Mayor of Birkenhead congratulated the staff on the achievement of Investors in People award. She thanked Dr. M Salahuddin and Dr. Alauddin for their 25 years of service to the NHS and the Wirral.

Kathy Doran, Chief Executive of Birkenhead Wallasey PCT, praised the practice as a flagship. She congratulated the staff on their achievement and in achieving all the targets set by the NHS (including the access targets)



Inside this issue:

Quality is Agenda	1
News Flash	1
A Warm Welcome	2
Surgery News	2

STAFF AT GLADSTONE MEDICAL CENTRE

DOCTORS

Dr. M.Salahuddin (Male)
Dr. K. Alauddin (Female)
Dr. J. McKay (Male)
Dr. A. Adegoke (Male)
Dr. J. Blacklin (female)
Dr. S.S Garewal (Male)

Practice Staff

Practice Manager:

Debbie Portbury

Computer /IT Officer

Zubair Qureshi

Receptionists:

Joanne Griffiths. (Senior):

Jenny Mills,

Jane Lydiatt,

Rachael Lowe,

Tracey Davies,

Denise Breheny

Ann Mathews

Nina Tresch_Lawrence

Secretary:

Sue Steen

Nurse Co-ordinator:

Sue Passingham;

Practice Nurse

Mavis Garewal,

Julie Sowery

News Flash

We are very pleased to announce the amalgamation of Dr. McKay's surgery and Gladstone Medical Centre as from April 2003. We welcome Dr. McKay, his staff Nina, Ann and his Patients.

Dr. McKay is a Liverpool graduate. After working in Birkenhead, Wallasey and Rainhill hospitals joined as a single handed practitioner in 1988. He has wide experience in mental health, Immediate Life Support (certificate Sept 2002) Member of St. John Ambulance; joined as Cadet 1956 Currently County Medical Officer, Merseyside

Dr Abel has joined as a partner as from April 2003. He has worked for Gladstone Medical Centre for the past 3 years. Dr. Abel qualified from Nigeria has wide experience in medicine, specially Geriatric medicine, Chest medicine, and general practice.

Dr. J. Blacklin will be continuing her Monday morning sessions. She has got postgraduate diploma in Gynecology and diseases of women.



Doctors and Staffs of Gladstone Medical Centre would like to congratulate Joanne, who recently married. She is now **Joanne Griffiths**

Gladstone

**Caring-
Approachable -
Efficient and
Friendly**

Medical Centre

Surgery news

We are pleased to announce that Gladstone Medical Centre has achieved the all targets set by the health authority. We have achieved the targets for the Cardiac, Elderly and Smoking Cessation clinics. To this date **212** cardiac patients have been reviewed in the Cardiac clinic while **219** Patients have been reviewed in the Elderly clinic. Total 69 attended the smoking Cessation clinic out of which 41 have successfully quit smoking. Currently we have one of the highest quit rate in the country.

Due to success of Podiatry/ Chiropody clinic, we are pleased to announce that another session has been started. So Podiatry/ Chiropody clinic runs on every Thursday and Friday.

It is policy of the management of Gladstone Medical Centre to give appointment at the same day. With the joining of Dr. McKay, Dr. Abel and Dr. Blacklin, we are glad to say that 85% of patients who called to see the doctor have been given appointment either same day within next 24 hours. However, it should be noted that some time it is not always possible due to a number of patients attending the surgery.

HEAD INJURY INSTRUCTIONS

Many people injure their head, particularly children. It is unusual for there to be any damage to the brain if the person is conscious (awake) and there is no deep cut or severe head damage. However, after a knock to the head, damage to a blood vessel can cause some bleeding next to the brain on rare occasions.

Following are symptoms to look out for over the next day or so following a knock to the head. See a doctor quickly if any of the following occur.

Increasing drowsiness

Worsening headache.

Two or more bouts of vomiting. Loss of use of part of the body. for example, weakness in an arm or leg.

Dizziness or loss of balance.

Any visual problems such as blurring of vision or double vision.

Blood or clear fluid leaking from the nose or ear.

Surgery Times

Reception Open from

**Monday To Friday 830 am—1200
2.30 pm—1800**

Saturday 830 am—1200

Surgeries

**Monday To Friday 9000—11.30
1600—1800**

**Saturday (Emergencies only)
1000—1100**

Clinics

Immunisation	Monday
Baby Clinic & Post-Natal	Monday
Minor Surgery	1st Wednesday of Month
Phlebotomy	Wednesday
CHD	Thursday
Asthma	Tuesday
Well Women	Friday
Diabetic	Wednesday
Podiatry \ Chiropody	Thursday/ Friday
Ante-Natal	Thursday
Elderly	Tuesday
Stop Smoking	Thursday
Counsellor	Friday/ Sat

Awards

Gladstone Medical Centre winner of the following prestigious awards:-

- Merit Award for Practice 1997 Teambuilding;
- Clinical Excellence 1997 (Cardiology);
- Clinical Excellence 1998 (Gastric Diseases);
- Beacon Practice 1999 (Effective Prescribing);
- Beacon Practice 2000 (Effective Prescribing);
- Beacon Practice 2001 (Effective Prescribing);
- Investors in People award 2002

Give a thought to
Your GP
To help your doctor help you:

- Keep your appointment on time.
- One appointment is for one person only.
- If you need to change or cancel your appointment, please telephone the re-

A WARM WELCOME GLADSTONE MEDICAL CENTRE

Why not have free medical check up? –

At Gladstone Medical Centre we offer our patients free medical check up. Our trained nurse will monitor your life style, your weight, height and blood pressure. After initial assessment the nurse will be able to give you advice on your life style, diet or any other related matter for your well being.

For further information Please contact the reception.

Please note that this service is only for new patients.



Car Park at the rear of Gladstone Medical Centre

We are aware of the problem of car parking.

The issue has been raised a couple of times by staff and patients. Indeed it is extremely difficult specially in the morning time to find a space in the car park. The practice has brought this to the attention to the Wirral Borough Council on a number of occasions. We were promised dedicated parking spaces for Doctors and patients but the builders seem to ignore the agreement. We are discussing this with Borough Council.

