



Gladstone Medical Centre Newsletter

Please find the 3rd issue of Gladstone Medical Centre Newsletter. We are very encouraged by the response we received from our patients and colleagues.

Please continue sending your comments and suggestions.

New GMS Contract

Since the introduction of NHS in 1948 the laws governing the provision on general practice in this country have not changed. With the advances in the medical field it became apparent that the contract of 1948 was restrictive and did not encourage developments. New GMS contract was required to bring about the necessary changes. The New GMS contract has been introduced as from 1st April. This contract will support the development of a greater range of services for patients. It will also ensure uniformity of high quality of services throughout the country. It will encourage the development of IT in the NHS making it more transparent and accountable.

What will the change mean for patients?

The nGMS contract aim is to ensure that patients receive a consistent range of high quality services through out the country. At Gladstone Medical centre our patients are already receiving high quality services (as confirmed by our numerous National awards).

The nGMS contract will allow more flexible configuration of services across Health Regions. Our patients at Gladstone Medical Centre already enjoy additional services as desired by the Government (i.e. Phlebotomy, Chiropody, Intermediate Elderly clinic, Counselling Services, Smoking Cessation clinics etc.)

However, we would be developing additional services for the year 2004-05 (i.e. INR monitoring, yearly diabetic checkups, dedicated mental health and elderly services)

The nGMS contract will encourage the development of IT technology for patient care. Our patients at Gladstone Medical Centre already enjoy the use of IT technology

- **Web Pages**—We first launched our web pages in 1998 and have updated it regularly. Our Web pages provide not only information about the practice and clinics but also information/ leaflets about common ailments.
- We are one of few practices in the country who can offer Online appointment and online Repeat Prescription request services (please note that these services are only for requests at present).
- **News Letters**— We have been regularly publishing our quarterly newsletters for the past two years. This is to keep our patients informed about the news and development at Gladstone Medical Centre.

Inside this issue:

NEW GMS contract	1
Electronic Record	2
Car Park	2
Surgery News	2

STAFF AT GLADSTONE MEDICAL CENTRE

DOCTORS

Dr. M.Salahuddin (Male)
 Dr. K. Alauddin (Female)
 Dr. J. McKay (Male)
 Dr. A. Adegoke (Male)
 Dr. S.S Garewal (Male)

Practice Staff

Practice Manager:

Debbie Portbury

Computer /IT Officer

Zubair Qureshi

Receptionists:

Joanne Griffiths. (Senior):

Jenny Mills,

Kate Mills

Jane Lydiatt,

Helen Davies,

Denise Breheny

Ann Mathews

Sharon Hanna

Rakia Begum

Dhun Setna

Margaret Altham

Secretary:

Sue Steen

Nurse Co-ordinator:

Sue Passingham;

Practice Nurse

Mavis Garewal,

Sarah McAdam

News Flash

Our plan for extension and development of Gladstone Medical Centre incorporating 247 Old Chester Road (Old Post Office) is in the final stages of approval .

We hope to commence work in summer 2004 and to be completed by XMAS 2004.

In House Dental Service

We would like to thank all those involved in our "In House Dental Service Questionnaire" We are encouraged by the overwhelming support we received from our patients for this project. We are now in discussion with the health authority/ PCT for the provision of an in house dental service.

Gladstone

**Caring-
Approachable –
Efficient and
Friendly**

Medical Centre

Surgery news

Jenny Mills, receptionist, had a baby boy. On behalf of all doctors and staff we would like to congratulate Jenny.

We would like to welcome our new members of staff Dhun Setna and Helen Davies, as Admin Assistants.

Following doctors will be away on Holidays

Doctor	From	To
Dr M. Salahuddin	19.04.04	28.05.04
Dr. J. McKay	23.04.04 22.06.04	29.04.04 05.07.04
Dr. A. Adegoke	13.04.04	19.04.04

Electronic Patient Record

Your medical record is a life-long history of your illnesses, health tests, prescriptions and other treatments. This information is important for your care. At present the records are kept on paper.

Electronic Health Record is a way of storing your medical information electronically. This will allow doctors and other health professionals to access your up to date information more readily. This information will enable doctors to make more effective decisions about your treatment and care.

Anonymous medical information may also be used:

- For teaching and training
- For audit and Research.
- To help plan future health service

You can see your medical records. Requests should be made in writing to your GP (There will be small charge for this)

*For further information contact :
Patient Advice Liaison Service at
0800 085 1547*

Surgery Times

Reception Open from

**Monday To Friday 830 am–1200 noon
2.30 pm–06:00 pm**

Saturday 830 am–1200 noon

Surgeries

**Monday To Friday 9:00 am –11.30 am
4:00 pm – 6:00 pm**

**Saturday (Emergencies only)
10:00 am –11:00 am**

Clinics

Immunisation	Monday
Baby Clinic & Post-Natal	Monday
Minor Surgery	1st Wednesday of Month
Phlebotomy	Wednesday
CHD	Thursday
Asthma	Friday
Well Women	Friday
Diabetic	Wednesday
Podiatry \ Chiroprody	Thursday/ Friday
Ante-Natal	Thursday
Elderly	Tuesday
Stop Smoking	Thursday
Counsellor	Friday/ Sat

Awards

Gladstone Medical Centre winner of the following prestigious awards:-

- Merit Award for Practice 1997 Teambuilding;
- Clinical Excellence 1997 (Cardiology);
- Clinical Excellence 1998 (Gastric Diseases);
- Beacon Practice 1999 (Effective Prescribing);
- Beacon Practice 2000 (Effective Prescribing);
- Beacon Practice 2001 (Effective Prescribing);
- Investors in People award 2002



We gladly announced that we have updated our web pages.

<http://www.gladstonemed.co.uk>



Thinking about Quitting Smoking?

Many Smokers are already aware of the risk of smoking. In the UK about 120,000 people die each year due to smoking related diseases such as Lung Cancer, Bronchitis, Heart Diseases and Chest Infections.

The surgery provide a comprehensive Smoking Cessation Services (including prescriptions of NRT and advice/ support) on every Thursday.

For further information, please contact the surgery

Help and Advice can also be obtained from
Quitline run by Quite Tel 0800 00 22 00
Web: www.patient.co.uk/illness/s/smoking

Car Park at the rear of Gladstone Medical Centre

We are aware of the continuing problem of car park for our staff and patient (specially elderly patients).

We are in contact with Borough Council. We will appreciate your comments/ suggestions/ help to resolve this problem. We were

promised reserved parking spaces for doctors and patients by Wirral Borough Council prior to the develop-

