

# Gladstone Medical Centre

12 March 2008  
No Smoking Day



Heart Dis



Alcohol



Diabetic  
/Healthy Eating



Immunisation



Self Help Advice

Come and have a chance to:

- Speak with doctors, nurses and counsellors.
- Look at many services provided Gladstone Medical Centre
- Chance to discuss any issues regarding our services

Please visit us:

<http://www.gladstonemed.co.uk>

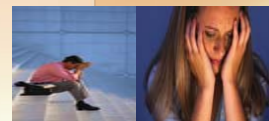
No Smoking day



Travel



Exercise



Depression